

# HEALTH

## Three receive "life save" awards

The Hospital Authority of Calhoun County honored two of its medical personnel for life saving services in the field Thursday, July 26.

Several months ago, an emergency call came in from 911 services concerning a citizen in Arlington under cardiac arrest. Emergency medical technician Susan English was dis-

patched from Calhoun Memorial Hospital to respond to the call.

Wayne Royal, a hospital paramedic, was home at the time and off-duty. He heard the call go out over the emergency channel and responded to support the on-scene personnel.

Vivian Whitaker, hospital director of nursing, also

heard the call over the emergency channel. When she realized that the call originated at a home in her neighborhood, she and her husband, Wendell, hurried to the home to assist the first responders.

Due to their close proximity, Vivian and Wendell arrived at almost the same time as the EMS respon-

ders. Vivian and Susan immediately began CPR assisted by Wayne and continued until emergency transport was arranged and the patient was taken to the hospital emergency room where further care was administered.

Every year, the Region 8 EMS Council bestows "life save" awards to EMS personnel who give lifesaving medical care during an emergency. This year Susan and Wayne received awards for their services to the patient in the field. They were honored at an EMS banquet and received service bars to commemorate their efforts.

Wayne in turn presented his award to Vivian. "Nurses are often underappreciated and this is a great

example of a dedicated nurse being right there and doing what it takes to save a life," said Royal. "She deserves this award much more than I do."

HACC is truly fortunate to have medical professionals with the quality and dedication of Susan English, Vivian Whitaker and Wayne Royal.

### Blakely Senior Center

310 Meadowbrook Drive

Daily Events

**Aug. 13** — Rhythm band practice - 10:30-11:30. Lunch: Turkey with gravy, squash and onions, green limas, wheat roll, fresh fruit.

**Aug. 14** — Physical fitness - 10:15 a.m. - 11 a.m. Games - 11 a.m. Lunch: Beef hotdog with chili, potato salad, cole slaw, wheat bun, fruit cobbler.

**Aug. 15** — Bingo - 10:30 a.m. Lunch: Smothered chicken, creamed potatoes, green beans, wheat roll, tropical fruit.

**Aug. 16** — Physical fitness - 10:15 a.m. - 11 a.m. VNA blood pressures - 11 a.m. Lunch: Hamburger steak with peppers and onions, buttered carrots, okra and tomatoes, wheat roll, cinnamon apples.

**Aug. 17** — Physical fitness - 10:15 a.m. 11 a.m. Rev. Nathan Greer, devotional and singing - 11 a.m. Lunch: Fish filet, mixed greens, cole slaw, corn muffin, hot spiced peaches.

Anyone 60 and over is invited to join us for activities and/or lunch. One day notice is needed for lunch. Call 723-8700. Arlington Senior Center offers the same daily meals.



David Askew and Susan English.



David Askew and Wayne Royal.



David Askew and Vivian Whitaker.

### Primary Care's Dr. Addison attends proclamation signing

Gov. Sonny Perdue signed a proclamation for National Health Center Week to be celebrated August 6-10, 2007.

Primary Care of South Georgia, located on College Street in Blakely, is one of many community health centers across the state and country.

America's health centers in 40 years have produced a model of health care that has demonstrated this nation can meet compelling health needs while containing health care costs.

The health center legacy

proudly shows the value and vast potential of a community-based health system that is lifting the barriers to health care, safeguarding health, revitalizing communities and keeping people healthy at cost savings for the nation.

"Many people are not aware of the available benefits of a community health center. In addition to reduced medical cost, Primary Care of Southwest Georgia Inc. assists with drug discounts through a 340B program. We also provide referrals for discounted

dental care," says Dr. Ann Addison, who was on hand

for the proclamation signing in Atlanta.



Addison, fourth from the right, was among other health center leaders present for the signing of the National Health Center Week proclamation.

### OBITUARIES

#### Tommy Lee Gardener

Tommy Lee, 59, of Hallendale, Fla., died Friday, July 27, 2007, in Hallendale, Fla.

Mr. Lee was born in Blakely June 27, 1948, to the late Dock Lee and Irene Lee. He was a gardener.

He was preceded in death by one sister, Nadine Thompson; and two brothers, Roy Lee and Edward Lee Sr.

Survivors include one daughter, Whitney Lee of Hallendale, Fla.; eight sisters, Inez Wimberly and husband Willie Bo, Alma Horne and husband Al, Ann Allen and husband Randy, Mary Lee and husband Eatheroy, and Verene Lee, all of Blakely, Curley Mae Williams, and Bobbie Henry and husband Richard, all of Donalsonville, and Cora Lee and husband Hurk of Hallendale, Fla.; and one brother, Donnie Lee and wife Nada of Blakely.

Funeral services were Saturday, Aug. 5, 2007, at 3 p.m. at St. Mathis Missionary Baptist Church with Elder Barnett officiating. Interment followed at St. Mathis Missionary Baptist Church Cemetery.

Peoples Funeral Home was in charge of arrangements.

#### China Miller Retired

China "Kitten" Miller, 84, of Blakely died Friday, July 27, 2007, at her residence.

Mrs. Miller was born in Early County Oct. 15, 1924, to the late Andrew and Rosie Miller. She was retired and a member of Macedonia Missionary Baptist Church.

She was preceded in death by her husbands, Willie Ed Kendrew, Bill Jesse Miller and Willie C. Reed; one daughter, Daisy Mae Butler; three siblings, Johnny Miller, Gullie Mairell and Mattie Price; two grandsons, Bruce Butler and Willie Earl Butler; and one grandson-in-law, Freddie Timpson.

Survivors include three sisters, Hattie Miller of

Arlington, Evelyn Reddick and Clara Canidate of Miami; two brothers, Andrew Miller and wife Pauline of Arlington and Bernie Martin of Atlanta; one son-in-law, Lonnie Clyde Butler and wife Mary of Blakely; four grandchildren, China Shorter and husband Frank, Sandra Butler and Juana Timpson, all of Blakely, and Lonnie Butler and wife Mamie of Dothan; 10 great-grandchildren; nine great-great-grandchildren; a goddaughter, Helen Murray of Arlington; and one grandson-in-law, Travis Douglas.

Funeral services were Saturday, Aug. 4, 2007, at 2:30 p.m. at New Prospect Missionary Baptist Church in Arlington with Rev. E.N. Dixon officiating. Interment followed at New Prospect Missionary Baptist Church Cemetery.

Pallbearers were Clayton Evans, Anqua Shorter, Alonzo Timpson, Ben Blocker, Eddie C. Blocker and Dominic Blocker.

Peoples Funeral Home was in charge of arrangements.

#### Mary W. Bush Homemaker

Mary Willa Bush, 86, of Blakely died Sunday, July 29, 2007.

Mrs. Bush was born May 14, 1921, to the late John Wimbush and Carrie Bell Bennett.

She was preceded in death by her husband, Sheffield "Tot" Bush; a son, Charles Bush; a daughter, Mary Ellen Eaford; a sister, Elaine Harris; and one grandson, Lawrence Eaford.

Survivors include two sisters, Annie Pearl Collier of Robonia, Fla., and Emma Bennett of Blakely; two brothers, Willie Cannon of Blakely and Johnny C. Wimbush of Batavia, N.Y.; one daughter-in-law, Alberta Bush; one aunt, Mattie Blackmon; 14 grandchildren; 47 great-grandchildren; and 15 great-great-grandchildren.

Funeral services were Friday, August 3, 2007, at 1 p.m. at Saint Maryland

Baptist Church with Rev. Roosevelt Gardner officiating. Interment followed at Saint Maryland Baptist Church Cemetery.

Pallbearers were John Anthony, Andrew Graham, Kendrick Reed, LeAndrew Favors, William Hutchins and Willie "Doug" Tinson.

Community Funeral Home was in charge of arrangements.

#### Woodrow F. Gray Mechanic

Woodrow F. Gray, 67, of Blakely died Monday, July 30, 2007, at Early Memorial Hospital.

Mr. Gray was born in Blakely Jan. 16, 1940, to the late Wilson Gray and Kayrene Gray. He was a auto mechanic.

Survivors include his wife, Mamie Gray; four sons, Ricky Caldwell of Clearwater, Fla., Calvin Gray and wife Jennifer, Woodrow Gray Jr. and wife Marva of Blakely and Don McClendon of Newton; four daughters, Patricia Lee and husband Stanley, Kimberly James and husband Willie J., Linda Powell and husband Billy, all of Blakely, and Teresa Sheppard of Bluffton; two sisters, Mary Hutchins and Vera Brown, both of Blakely; four brothers, Grady Gray of Ft. Pierce, Fla., Arthur L. Gray, O.C. Gray and wife Mattie and Willie Earl Gray and wife Lisa, all of Blakely; nine grandchildren, Leticia Johnson of Dothan, Lodawnya Gray, Terika Gray, Rico Gray, Felicia Lee, Stanley Lee and Korynda Reed, all of Blakely; and 18 great-grandchildren.

Funeral services were Saturday, Aug. 4, 2007, at 11 a.m. at Friendship Missionary Baptist Church with Rev. Willie Ross officiating. Interment followed at Friendship Missionary Baptist Church Cemetery.

Pallbearers were Billy Gray, George Brown, Vashun Brown, Stanley Lee, Jr., Bobby Gray and Wytekki Brown.

Peoples Funeral Home was in charge of arrangements.

The deadline for news and advertising is Fridays at noon. Call 723-4376, fax 723-6097 or email us at ecnews@alltel.net

### Health Notes

#### Estrogen Replacement Therapy Lowers Risk of Colorectal Cancer

by Bob Hall, R.Ph.

Colorectal cancer is the fourth most common cancer and the second cause of cancer deaths, after lung

cancer. Approximately half of the patients diagnosed with colorectal cancer are women. An analysis of 18 studies involving thousands of women concluded that the risk of developing colorectal cancer is reduced by 34 percent in current estrogen users. A longer duration of current use did not appear to offer greater protection. The protective effect appears to wane once estrogen therapy is stopped, and disappeared five years after estrogen therapy was discontinued. When making a decision regarding use of estrogen replacement therapy in post menopausal women, a reduced risk of colorectal cancer should be considered as an additional benefit.

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